When Students’ Engagement gets SMARTER: Implementing Goal-Setting Activities in Classroom

TIF – 2018 / Teaching Commons
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Introduction

❖ Course Director (Contract Faculty)
❖ ESL 1000 – Canadian Language and Culture – Winter Term 2018
ESL Program at the Department of Languages, Literatures and Linguistics
❖ Students’ Demographics:
  - 25 International Students (99% from China);
  - First-year undergraduates
❖ Workshop: - Scholarship of Learning and Teaching (SoLT)
  - York Priorities: Student Success and Retention
Motivation

- Facilitator Development Workshop in 2016 – to conduct ISW at post-secondary institutions

https://iswnetwork.ca/about/isw-program-in-detail/
Setting your Goals

1- Set a goal for yourself (professional, personal, or in relation to this workshop).

2- Write it down.
Learning Outcomes

➢ You will be able to explain the importance of Goal-Setting Theory (Motivation and Self-Determination Theory) in educational context.

➢ You will identify Goal-Setting model, tasks/activities that you can implement in your own classroom.

➢ You will discuss how to implement SMARTER Goals in your teaching practice in order to engage students in their own learning process.
Setting and Pursuing Goals
### Setting Learning Goals

<table>
<thead>
<tr>
<th>Learner-Centred</th>
<th>Autonomy</th>
<th>Self-efficacy</th>
<th>Self-regulation</th>
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</table>

Goal Setting as Learning Strategy

- Appropriate goal setting
- Specific Feedback
- Higher achievement
- Better Performance
- High level of self-efficacy/
- Self-regulation
Researchers emphasize that for goal setting to improve performance, students should be allowed to participate in setting their own goals (Azevedo, Ragan, Cromley, & Pritchett, 2002; Tubbs, 1986, as cited in Griffee & Templi, 1997).

**Participatory goal theory** states that students who choose their own goals perform at higher levels than students who have goals set for them (Mento, Steel, & Karren, 1987, as cited in Griffee & Templi, 1997).
Effective Goals

▪ Meaningful (purposeful)

▪ Authentic (ownership)

▪ Engaging (incentive)

▪ Joint-agreement (“invest efforts”: T-S)
Implementing SMART Goals

<table>
<thead>
<tr>
<th><strong>SPECIFIC</strong></th>
<th>What exactly do you want to achieve?</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>MEASURABLE</strong></td>
<td>How will you know you have achieved it?</td>
</tr>
<tr>
<td><strong>ATTAINABLE</strong></td>
<td>Can the goal be achieved?</td>
</tr>
<tr>
<td><strong>RELEVANT</strong></td>
<td>How important is the goal for you?</td>
</tr>
<tr>
<td><strong>TIMELY</strong></td>
<td>Whey will you achieve it by?</td>
</tr>
</tbody>
</table>
SMART GOALS Questionnaire

➢ Revision of the questionnaire:

**State your goal:**

“By __________ I will _______________ to _______________ for _________________.”

(date) (action verb) (why?) (what will be impacted)

“I will ________________ in order to ________________ by _________________.

(action verb) (why?) (date)
Making SMART Goals SMARTER

❖ Students’ feedback (self-assessment/evaluation) as they monitor/reflect on their own progress (Marzano et al., 2001).

❖ It’s a process-oriented task to reach an outcome.

❖ Examples:

• Reflective Essay
• Reflective Questions
• Journal (Moodle)
Reflective Essay:

➢ See attached document.

ESL 1000 Canadian Language and Culture

Reflective Essay: Instructions

Based on the SMART goals you have set for ESL 1000, write a reflective essay about your experience of pursuing them. You are expected to reflect on the strategies, tools, or workshops you have attended or used as resources to help achieve your learning goals during this term. You should check your SMART goals in the journal you submitted on Moodle.

It should be written in an essay format (3 or 4 paragraphs – introduction, body, conclusion), around 500 words. Use APA format.
Think-Pair-Share

1- How can you implement SMARTER goals in your course?
2- What challenges do you think you could face?
3- What tools/strategies you could use to overcome the challenges?
4- In case you have already used a goal-setting task, share the model and classroom experience.
Revisit your Goal!

❖ Is it SMART?
❖ Can you make it SMARTER?


https://rapidbi.com/history-of-smart-objectives/